

RESIDENT NEWS

NEW RESIDENTS

We would warmly welcome the following residents into the home here at Brighton:

- ♦ Mr. Philip Drury (Eastbourne)
- ♦ Mrs. Ruth Hickman (Blackboys)

SHORT STAY RESIDENTS

We have had the pleasure of the following residents joining us for short stays:

- ♦ Mr. and Mrs. Bradstock (Handcross)
- ♦ Mrs. Rosemary Hickman (Dicker)
- ♦ Mrs. Lydia Hills (Shoreham)
- ♦ Miss Lois Payne (Gravesend)

RESIDENTS THAT HAVE PASSED AWAY

It is great sadness that we have lost a number of much-loved residents in recent months:

- ♦ Mr. John Tucker (Forest Hill)
- ♦ Mrs. Grace Burgess (Dicker)
- ♦ Mrs. Joyce Holman (Staplehurst)
- ♦ Mr. Seth Mercer (Eastbourne)
- ♦ Mr. Philip Warren (Carshalton)

STAFF AND HOME NEWS

- Mr Peter Taylor has kindly taken over the weekly trolley shop following the loss of our dear friend Mr Brian Honeysett.

Further copies of this newsletter can be obtained from:

- ♦ Brighton Home
- ♦ General Office, Harpenden
- ♦ Via the website <http://www.gospelstandard.org.uk/Bethesda>

DEMENTIA CARE AT BRIGHTON

Here at Brighton, the local NHS Care Home Dementia In Reach Team have provided us with support and training to the improve quality of life and care provided for residents living with dementia.

The aim is to promote good practice in caring for both residents living with dementia and other residents living within the home, ensuring no exclusion takes place.

The support and training includes:

- Medication reviews to reduce antipsychotic medication
- Individual case discussions and care planning for those with challenging needs
- Providing a safe environment
- Purposeful activities that relate to individual interests
- Involving family and friends in the care of residents
- Life story training for staff and developing individual memory boxes for residents

FRIENDS OF BRIGHTON BETHESDA

Friends of Brighton Bethesda (FoBB) was formed in 2012 as a means of contacting friends and supporters of the Brighton Home and to aid the organisation of the coffee mornings.

Emails are also sent throughout the year to provide information and updates of outings and activities in the Home and to communicate short notice cancellation of events, closure for illness outbreaks and advertising staff vacancies etc. If you're not already a member then sign up by emailing friendsofbrightonbethesda@gmail.com.



Many dear friends and loved ones have recently passed away. The Apostle Paul reminds us— "There remaineth therefore a rest to the people of God." (Hebrews 4 v 9). The Lord's dear people have come for a time of rest in Bethesda—the "house of mercy".

My prayer is that the Lord may grant much comfort, and mercy, to the residents as they are cared for in the Home. The Home Support Group seeks continually for the Lord's blessing upon all in the Home, the residents, the Managers, and the staff.

Richard Wells (Home Chairman)

STAFF RETIREMENTS MARGUERITE CHAPALLAZ

Following 49 years' service, it is with great sadness that Marguerite retired from Bethesda in May. We wish to thank Marguerite for all her hard work and dedication, and the way she so lovingly cared for the residents over so many years, and wish her well in her retirement. Presentations were made from the Staff and Residents of the home and also from the Home Support Group.

FATOU MASSAQUOI AND KATE PENNEY

We have also said goodbye to Kate and Fatou, who have also retired. We wish to thank them both for their service to Bethesda over the years, and wish them both well in their retirement.



MILL COTTAGE FARM VISIT

Having had to cancel the Mill Cottage Farm visit earlier in the year due to illness in the home, we were delighted to be able to rearrange it to August. A good number of residents were able to go out and enjoy seeing and handling the animals. A number of other friends and young families also came to enjoy the visit. As usual, the residents thoroughly enjoyed the visit, bringing back memories of the past for many.



REGULAR ACTIVITIES

All the regular activities continue in the home throughout the year. These include: resident craft and cooking sessions, gentle exercises, Hailsham Mums group visits, hymn singing and slide evenings. A knitting group was recently started by staff members Daiga, Mima and Nora, which is much enjoyed.



HOME OUTINGS

A good number of residents, friends and helpers enjoyed a visit to Sheffield Park Gardens earlier in the year. Other outings have also taken place including trips along the seafront at Worthing. Recent outings include a trip on the Bluebell Railway and a Cream Tea at Joanna Pearce's.



COFFEE MORNING 2017

The next Coffee Morning has been arranged, God Willing, for **Saturday 18th November** at 9.30 am. All friends are welcome. Proceeds are in support of new planters and shrubs for the garden and new furnishings for the Summer House and Lounge.

- Home-made preserves, marmalade and chutneys
- Christmas gifts, cakes and cards
- Fresh fruit and vegetables, bread and cakes
- Coffee and cake
- Home-made craft



CQC VISIT—JULY 2017

The Care Quality Commissions undertook an unannounced visit to the home in July. We are delighted to report that the overall rating for the home is Good. Copies of the report may be obtained from our website or the CQC website.

PATIO

During the early summer, a new patio was built in the garden providing a suitable area for all the residents to be able to sit out and enjoy the weather. This was funded from part of a legacy left to the Home from the estate of Mr. John Tucker, for which we are thankful. New patio furniture was purchased using craft table funds.



COFFEE MORNING PROCEEDS 2016

Using surplus funds following the Coffee Morning last year, a wheelchair power pack has been purchased that can be fitted to most wheelchairs. This is available for anyone to use, to assist when taking residents out in the local area. Ask any of the staff for information and assistance.

An ice cream maker has also been purchased, with the residents often enjoying the home-made ice cream over the summer.

VOLUNTEERS NEEDED

We are undertaking redecoration and landscaping work in the Home and gardens.

If there any volunteers who might be willing to help us out by doing some decorating or gardening in their spare time, please contact the Home in the first instance.

Redecoration of the entrance hall has been completed, with the corridors and lounge the next to be done. The garden backing on to the recreation ground has also been tidied up and re-planted. We thanks friends for their help and interest thus far.