Bethesda

Newsletter

Brighton & Hove

No. 3: May 2018

STAFF AND HOME NEWS

Staff Changes

Three staff have moved on from Bethesda: Ann Pont, Emily Hart and Dmitrijs Kalmikovs. We thank them each for their care and support to the residents during their time at Bethesda.

We would like to take the opportunity to welcome Leyani Mascitti, who has joined us as a kitchen assistant.

SLIDE SHOWS AND TALKS

Do any friends feel able to give slide shows or talks on topical events or places of interest, if so, please contact the home. Such activities are always thoroughly enjoyed by the residents.

FRIENDS OF BRIGHTON BETHESDA

Friends of Brighton Bethesda (FoBB) set up as a means of contacting friends and supporters of the Brighton Home.

Emails are also sent throughout the year to provide information and updates of outings and activities in the Home and to communicate short notice cancellation of events, closure for illness outbreaks and advertising staff vacancies etc.

If you're not already signed up, you can do so by emailing:

friendsofbrightonbethesda@gmail.com.

If you wish to unsubscribe from receiving Friends of Brighton Bethesda updates, you can do so by emailing the above address.

RESIDENT NEWS

NEW RESIDENTS

We would warmly welcome the following residents into the home here at Brighton:

- Mrs. Lydia Hills (Shoreham)
- Mrs. Evelyn Snell (Brighton)
- Mr. and Mrs. Norman Hills (Leatherhead)
- Mr. Ken Warren (Bromley)

SHORT STAY RESIDENTS

We have had the pleasure of the following residents joining us for short stays:

- Mr. and Mrs. Bradstock (Handcross)
- Mrs. Ruth Dann (Dicker)
- Mrs. Barbara Chilton (Dicker)
- Miss. Lois Payne (Gravesend)

RESIDENTS THAT HAVE PASSED AWAY

It is great sadness that we have lost three much-loved residents in recent months:

- Mrs. Rene Guest (Dicker)
- Mrs. Ruth Hickman (Blackboys)
- Mr. Norman Hills (Leatherhead)

VOLUNTEERS NEEDED

If there any volunteers who might be willing to help us out by doing some decorating or gardening in their spare time, please contact the Home in the first instance.

Further copies of this newsletter can be obtained from:

- Brighton Home
- General Office, Harpenden
- ◆ Via the website http://www.gospelstandard.org.uk/Bethesda

DATES FOR YOUR DIARY GOD WILLING

PRAYER MEETINGS - 7PM

Monday 25th June - Blackboys friends, conducted by Mr J Rosier

September—Date to be announced - Home Support Group friends

Tuesday 27th November—Eastbourne friends, conducted by Mr B Mercer

ADVANCED NOTICE - COFFEE MORNING

Saturday 17th November - All are welcome

I was very encouraged to receive the draft copy of this Newsletter and read of all the activity involvement at the Brighton Bethesda Home.

Central to everything that goes on at Bethesda is the well-being of the residents. This certainly comes through in the care and love shown by staff and volunteers. You will notice, in the Newsletter, that there is a call for more volunteers to help at Brighton and we would encourage you to contact the Home to discuss how you might help in whatever way you can.

The re-decoration of the corridor walls continues and although this has been identified as a benefit to those with dementia; there is benefit to everyone, as a result of this work, in enhancing the overall environment of the Home.

Finally, I would take this opportunity to thank all the staff, volunteers and others that make Brighton Bethesda: a house of Mercy

Michael Ridout (Bethesda Committee)

MRS RENE GUEST

It is with great sadness, that we lost a dear resident on 20th January 2018. Mrs. Rene Guest was a originally a resident at the Tunbridge Wells home, later moving to the home here in Brighton.

She was much-loved by the staff, and will be remembered by many staff and friends, both past and present.



CELEBRATING THE QUEEN AND DUKE'S 70TH WEDDING ANNIVERSARY

To mark the Emerald wedding anniversary of the Queen and Duke of Edinburgh, an afternoon of themed pictures and activities was held in the lounge, followed by afternoon tea.

A hand-made card, signed by all the residents and staff was sent to the Queen and Duke to acknowledge the occasion, and a formal letter and thank you card was received from the Palace in return, and is now on display in the corridor.







COFFEE MORNING PROCEEDS 2017

We would like to thank all friends and supporters for their support at our Coffee Morning last November, which raised over £2,500. The proceeds from which go towards those little "extras" for the residents.

Amongst the suggestions, it is proposed that the monies will be used to buy a 2-seater settee for the lounge following redecoration.

It is hoped to make some small improvements to the summer house to enable residents to further enjoy the garden during the better weather. Following this, new curtains, tables and soft furnishings are also proposed.

Proceeds are also used for the on-going maintenance of the fish tank.

SLIDE SHOWS AND TALKS

We thank Mr. Tim Hart for sharing his pictures of a recent trips to Jerusalem and the tulips at Keukenhof. We look forward to the upcoming talks, including one on Trooping the Colour.



UPCOMING HOME OUTINGS

The residents have expressed interest in a number of outings rides, including visits to Sheffield Park and Nymans gardens, South Downs garden centre and the Bluebell Railway. Visits to the coast, sea blows and fish and chips on the seafront have also been suggested.

It is also hoped to arrange for Mill Cottage Farm to visit. Once arranged, the date will be advertised and circuited via Friends of Brighton Bethesda group.



ON-GOING ACTIVITIES







In addition to the annual Christmas events, the usual programme of resident activities has continued.

These include:

- Knitting club
- Craft and cake making
- Gentle exercises
- Puzzles, Scrabble and Colouring
- Hymn singing
- Hailsham mums group visits

REDECORATION OF THE HOME

Over the past months, we have had the hall and office decorated, with the corridor nearing completion. Through the redecoration of the corridor, a number of different themed areas have been incorporated, with ornaments and furnishings in-keeping with the theme. The themes include: the village shop, the coast, and the country garden.

The themed areas are designed to provide a sensory experience for those residents with dementia.

Top left: Village shop, incorporating the craft stall Top right: The coast

Bottom left: Work in progress Bottom right: Country garden

As mentioned elsewhere, it is hoped to redecorate and make some improvements to the summer house to enable

residents, family and friends to take advantage of the attractive gardens within the home.

It is hoped to provide the sensory experience of a coffee shop for those residents with dementia and complex care needs. Enabling staff, family and friends to "take residents out" whilst remaining within the confines of the home.

We would also take the opportunity to thank the volunteers who have given their time to decorate the home for us. Volunteers helping in this way provides a significant saving to Bethesda.







