



May 2017



This edition of the Newsletter brings with it the prospect of summer before us. The gardens are always a source of pleasure to the residents, and some residents enjoy assisting in planting pots. Since our last Newsletter, the Home has lost four residents including Mr John Stevens and Mr Sidney Hickman, both of whom in earlier days served on the Bethesda Fund Committee. If the Lord will, we have arranged a “cream tea” afternoon on Saturday, 10th June, so please do come and join us at 3.30pm if you are able.

Trevor Scott (Home Chairman)

DATES FOR YOUR DIARY—2017

All friends are warmly invited to join us on these occasions.

SINGING EVENING

Friday 26th May - Mr B A Ramsbottom

In the lounge at 7pm

CREAM TEA

Saturday 10th June At 3.30 pm

PRAYER MEETING

Friday 29th September - Mr T J Barker

In the lounge at 7pm



OUR GARDENERS

David Parker Philip Jempson

RESPIRE CARE AND HOLIDAY RESIDENTS

During the past six months the Home has been pleased to provide respite care or holiday breaks for:

- Mrs Hephzibah Warboys (Oakington)

NEW RESIDENTS

- Mr and Mrs James Brooks (Brabourne)
- Mr and Mrs John Barker (Bedford)

SPECIAL BIRTHDAY

Mrs Sheila Haddow celebrated her 90th birthday on 28th November 2016 when her sister Mrs Kathleen Rowell, family and friends gathered in the lounge for tea. Mr Ramsbottom conducted reading and prayer.



STAFF MATTERS

- Hannah Woodhams left to take up a post at Trinitarian Bible Society.

- Naomi Kingham married Oliver Kerley at Stotfold in November.



- Patricia Webb and Deborah Rigby have now joined the care team."

- Ardjan (James) van Essen from Holland joined the care team in December.



- Weike Waayenberg left in April to return to Holland.

DEATHS

- Mrs Mary Eddon ● Mr Sidney Hickman
- Mr John Stevens ● Mr Roy Warburton

COFFEE MORNING

An open Coffee Morning was held on Saturday 4th February. This proved very popular. Many relatives came for this event as well as local friends and a few from further afield. Home-made cakes and craft were on sale including a jewellery table run by Mrs Joan Harrison.



SUNDAY SCHOOL VISIT

Saturday 17th December. Bethel Sunday School paid their usual visit to the Home for Christmas readings and hymns.



AYLETT'S NURSERIES

Monday 5th December. A visit was made to Aylett's Nurseries at St Albans. The traffic was particularly bad so the residents and helpers were late in arriving. There was just enough time for coffee and cakes and a quick look round.

ACTIVITY AND CRAFT CLASS

A programme of activity sessions was introduced in March led by Debbie Cox. They included painting ceramics, making Easter baskets and crispie cakes, word search, puzzles and flower arranging.

LUTON HOO

Tuesday 17th January. An outing took place to this palatial hotel, formerly a mansion which our Queen had visited several times over the years to see her cousin who used to live there. We were ushered into an alcove in the magnificent lounge by very dutiful livery men where we had a lovely choice of coffee and cakes.



SLIDES

Mr Graham Hadley gave a slide show entitled *The Beauty of God's Creation*. The pictures were truly beautiful.

STAFF AND VOLUNTEERS' BUFFET

Wednesday 14th December. A splendid buffet was provided for staff and helpers which was enjoyed by everyone.

STAFF TRAINING

Petra Struijk has been working very hard to complete a course of study specifically regarding dementia. Petra is now our "Dementia Champion" for the Home and has gained much knowledge and insight into dementia care which she will disseminate to the rest of the staff team in order constantly to improve the care of the residents.

As Sarah Wells has been promoted to the role of Senior Care Assistant, she is undertaking a course of study regarding Team Leadership in order to help her in this new role.

Naomi Kerley is undertaking a Nutrition course. The information and knowledge she has gained is shared with her colleagues in the kitchen and the care staff in order to improve the care of the residents with regard to their nutrition and well-being.

MUSIC

Jane Rayner organised three of her musical Saturday afternoons for hymn-singing in December, February and April. On each occasion several hymns were sung which the residents were able to join in accompanied by a small ensemble of musicians.

DUNSTABLE DOWNS

On 4th April a visit was made to the National Trust visitor centre for coffee and cakes.



PRAYER MEETING

Friday 27th January. Our prayer meeting was taken by Mr Trevor Scott as Mr Timothy Barker was unable to come.

Copies of this newsletter can be obtained from Mrs Alison Kingham,
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